

Scheme of Work

Word Box: Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings

PSHE
Programme of Study
Core Theme 1:
Health and Wellbeing

- how their body will, and emotions may, change as they approach and move through puberty
- to recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them
- about human reproduction

Science Attainment
Targets

- describe the changes as humans develop to old age

Learning Intentions
and Learning Outcomes

Learning Intention
 To explore the human lifecycle
Learning Outcomes
 Describe the main stages of the human lifecycle
 Describe the body changes that happen when a child grows up

Learning Intention
 To identify some basic facts about puberty
Learning Outcomes
 Discuss male and female body parts using agreed words
 Know some of the changes which happen to the body during puberty

Learning Intention
 To explore how puberty is linked to reproduction
Learning Outcomes
 Know about the physical and emotional changes that happen in puberty
 Understand that children change into adults so that they are able to reproduce

Lesson Title

Lesson 1
[Growing and Changing](#)

Lesson 2
[What is Puberty?](#)

Lesson 3
[Puberty Changes and Reproduction](#)

Resources

[Lifecycle pictures](#)
[Lifecycle word cards](#)
[What has changed? worksheet](#)
[Lifecycle Quiz slides](#)
[Lifecycle Quiz answers](#)

Additional Activities
[Babies and Children worksheet](#)

[Body Part Bingo cards](#)
[Bingo Flash cards](#)
[Body Changes pictures](#)
[Our Bodies worksheet](#)

Story bag items (see lesson plan)
 Book: *Hair in Funny Places*, Babette Cole
[Body Changes worksheet](#)

Additional Activities
 Suggested reading:
Where Willy Went, Nicholas Allan
Amazing You! Gail Saltz
http://www.bbc.co.uk/science/humanbody/body_interactives/lifecycle/teenagers/